

# St. John's Carrington Parish Eucharist



***The Third Sunday before Lent  
February 9<sup>th</sup> 2020***

## **Welcome on behalf of the community of St. John's Church**

St. John's seeks to be an inclusive church community where all are welcomed and valued, regardless of age, race, ethnicity, gender or sexuality.

Whether this is your first time or whether you have been coming for years,  
we are delighted to welcome you.

We prepare for worship by being still, recalling God's presence with us. We have a foyer where greetings may be exchanged before entering the liturgical space, and we encourage you to use the time before the service in prayerful preparation.

Gluten-free altar bread is available for those who need it and alcohol free wine.  
Please ask the priest at the distribution.

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**'Mass of the Bread of Life' – Margaret Rizza**  
*The service is led by the Vicar, the Revd. James Pacey*

*A prayer before the service begins:*

Almighty God, to whom all hearts are open, all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,  
that we may perfectly love you, and worthily magnify your holy name;  
through Christ our Lord. Amen.

*We say together the words in bold print. We stand to sing.*

## HYMN

**1. Christ is the world's true light,  
its Captain of salvation,  
The day-star clear and bright  
to every man and nation;  
New life, new hope awakes,  
where'er men own his sway;  
Freedom her bondage breaks,  
and night is turned to day.**

**2. In Christ all races meet,  
their ancient feuds forgetting,  
The whole round world complete,  
from sunrise to its setting:  
When Christ is throned as Lord,  
men shall forsake their fear,  
To ploughshare beat the sword,  
to pruning-hook the spear.**

**3. One Lord, in one great Name  
unite us all who own thee;  
Cast out our pride and shame  
that hinder to enthrone thee;  
The world has waited long,  
has travailed long in pain;  
To heal its ancient wrong,  
Come, Prince of Peace, and reign. Amen.**

## THE GATHERING AND WELCOME

✠ In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

*All* **Amen.**

The Lord be with you,

*All* **and also with you.**

*We remain standing as the priest introduces the service after which our children leave for Kids' Church.*

## PRAYERS OF PENITENCE

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*cf. John 8.12*

*All* **Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,**

**through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name. Amen.**

#### **ABSOLUTION**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**All Amen.**

#### **THE GLORIA**

**All Glory, glory to God, glory to God in the highest;  
peace to his people on earth, peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Glory, glory to God, glory to God in the highest;  
peace to his people on earth, peace to his people on earth.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer, receive our prayer, receive our prayer.  
You alone are the Holy One, you alone are the Lord,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory, the glory, the glory of God the Father.  
Amen, amen, amen, amen, amen,  
Amen.**

*Please remain standing as the priest introduces a period of silent prayer.*

## THE COLLECT

Almighty God,  
who alone can bring order  
to the unruly wills and passions of sinful humanity:  
give your people grace  
so to love what you command  
and to desire what you promise,  
that, among the many changes of this world,  
our hearts may surely there be fixed  
where true joys are to be found;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

*All*    **Amen.**

## THE LITURGY OF THE WORD

*Please be seated.*

### THE FIRST READING: 1 Corinthians 2.1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. <sup>2</sup>For I decided to know nothing among you except Jesus Christ, and him crucified. <sup>3</sup>And I came to you in weakness and in fear and in much trembling. <sup>4</sup>My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, <sup>5</sup>so that your faith might rest not on human wisdom but on the power of God.

<sup>6</sup>Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. <sup>7</sup>But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. <sup>8</sup>None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. <sup>9</sup>But, as it is written,

'What no eye has seen, nor ear heard,  
nor the human heart conceived,  
what God has prepared for those who love him'—

<sup>10</sup>these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. <sup>11</sup>For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. <sup>12</sup>Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

This is the word of the Lord.

*All*    **Thanks be to God.**

*We remain seated for the psalm, standing and facing the Gospel as it is processed.*

PSALM 11

**The good will be a light in the darkness.**

They are a light in the darkness for the upright:  
they are generous, merciful and just.

The good take pity and lend,  
they conduct their affairs with honour.

**The good will be a light in the darkness.**

The just will never waver:  
they will be remembered for ever.

They have no fear of evil news;  
with a firm heart they trust in the Lord.

**The good will be a light in the darkness.**

With a steadfast heart they will not fear;  
open-handed, they give to the poor;  
Their justice stands firm for ever.  
their heads will be raised in glory.

**The good will be a light in the darkness.**

**Alleluia! Alleluia! Alleluia**

"I am the light of the world," says the Lord,  
"anyone who follows me will have the light of life."

**Alleluia! Alleluia! Alleluia!**

*All* The Lord be with you,  
**And also with you.**

*All* Hear the Gospel of our Lord Jesus Christ according to Matthew.  
**Glory to you, O Lord.**

THE GOSPEL: Matthew 5.13-20

<sup>13</sup> 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

<sup>14</sup> 'You are the light of the world. A city built on a hill cannot be hidden. <sup>15</sup> No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. <sup>16</sup> In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

<sup>17</sup> 'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. <sup>18</sup> For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. <sup>19</sup> Therefore, whoever breaks one of the least of these

commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. <sup>20</sup>For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

This is the Gospel of the Lord,  
*All*    **Praise to you, O Christ, for this your holy Gospel.**

*After a prayer we sit for the sermon.*

#### THE SERMON

*After the sermon we stand to declare the faith of the Church using the Creed.*

#### THE CREED

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,**

**who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

*After, we kneel or sit for the prayers.*

#### INTERCESSIONS

*The following response may be used:*

Lord, in your mercy  
*All* **Hear our prayer**

*After the names of the departed have been read out:*

Rest eternal grant unto them, O Lord  
*All* **and let light perpetual shine upon them.**

*The prayers may conclude with:*

Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou amongst women and blessed is the fruit of thy womb Jesus.  
*All* **Holy Mary, Mother of God,  
pray for us sinners now and at the hour of our death.  
Amen.**

Merciful Father,  
*All* **accept these prayers  
for the sake of your Son, our saviour Jesus Christ. Amen.**

#### THE LITURGY OF THE SACRAMENT

*We stand for the Peace.*

#### THE PEACE

Our Saviour Christ is the Prince of Peace.  
Of the increase of his government and of peace there shall be no end.  
The peace of the Lord be always with you,  
*All* **and also with you.**

Let us offer one another a sign of peace.

*We greet one another with Christ's Peace by offering each a hand in greeting saying "the peace of the Lord be always with you" and the reply "and also with you". During the next hymn a collection will be taken.*

#### THE OFFERTORY HYMN

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|--|--|
| <b>1.</b><br><b>Brother, sister, let me serve you;<br/>let me be as Christ to you;<br/>pray that I may have the grace to<br/>let you be my servant too.</b>            | <b>4.</b><br><b>I will weep when you are weeping<br/>when you laugh I'll laugh with you;<br/>I will share your joy and sorrow,<br/>till we've seen this journey through.</b> |
| <b>2.</b><br><b>We are pilgrims on a journey,<br/>and companions on the road;<br/>we are here to help each other<br/>walk the mile and bear the load.</b>              | <b>5.</b><br><b>When we sing to God in heaven,<br/>we shall find such harmony,<br/>born of all we've known together<br/>of Christ's love and agony.</b>                      |
| <b>3.</b><br><b>I will hold the Christ-light for you<br/>in the night-time of your fear;<br/>I will hold my hand out to you,<br/>speak the peace you long to hear.</b> | <b>6.</b><br><b>Brother, sister, let me serve you;<br/>let me be as Christ to you;<br/>pray that I may have the grace to<br/>let you be my servant too.</b>                  |

*The gifts are received.*

*We remain standing for the beginning of the Eucharistic Prayer. The prayer is printed in full below if the responses are unfamiliar, although we encourage you to observe and prayerfully listen to the liturgy.*

#### PRAYER AT THE PREPARATION OF THE TABLE

Lord, accept your people's gifts, not gold, frankincense or myrrh,  
but hearts and voices raised in praise  
of Jesus Christ, our light and our salvation.

*All*    **Amen.**

#### THE EUCHARISTIC PRAYER (C)

The Lord be with you,

*All*    **And also with you.**

Lift up your hearts.

*All*    **We lift them to the Lord.**

Let us give thanks to the Lord our God.

*All*    **It is right to give thanks and praise.**



It is indeed right,  
it is our duty and our joy,  
at all times and in all places  
to give you thanks and praise,  
holy Father, heavenly King,  
almighty and eternal God,  
through Jesus Christ our Lord.  
For he is our great high priest,  
who has loosed us from our sins  
and has made us to be a royal priesthood to you,  
our God and Father.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

*All*    **Holy, holy, holy Lord  
God of pow'r and God of might,  
heaven and earth are full of your glory.  
Hosanna in the highest;  
Hosanna, hosanna,  
hosanna in the highest;  
hosanna, hosanna,  
hosanna in the highest.  
Blessed is he, blessed is he,  
blessed is he who comes in the name,  
he who comes in the name of the Lord.  
Hosanna in the highest.  
Hosanna, hosanna,  
hosanna in the highest;  
hosanna, hosanna, hosanna in the highest.**

*Please sit or kneel.*

All glory be to you, our heavenly Father,  
who, in your tender mercy,  
gave your only Son our Saviour Jesus Christ  
to suffer death upon the cross for our redemption;  
who made there by his one oblation of himself once offered  
a full, perfect and sufficient sacrifice, oblation and satisfaction  
for the sins of the whole world;  
he instituted, and in his holy gospel commanded us to continue,  
a perpetual memory of his precious death until he comes again.  
Hear us, merciful Father, we humbly pray,  
and grant that, by the power of your Holy Spirit,

we receiving these gifts of your creation, this bread and this wine,  
according to your Son our Saviour Jesus Christ's holy institution,  
in remembrance of his death and passion,  
may be partakers of his most blessed body and blood;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

*A//* **Christ has died:**  
**Christ is risen:**  
**Christ will come again**

Therefore, Lord and heavenly Father,  
in remembrance of the precious death and passion,  
the mighty resurrection and glorious ascension  
of your dear Son Jesus Christ,  
we offer you through him this our sacrifice of praise and thanksgiving.  
Grant that by his merits and death,  
and through faith in his blood,  
we and all your Church may receive forgiveness of our sins  
and all other benefits of his passion.  
Although we are unworthy, through our manifold sins,  
to offer you any sacrifice,  
yet we pray that you will accept this  
the duty and service that we owe.  
Do not weigh our merits, but pardon our offences,  
and fill us all who share in this holy communion  
with your grace and heavenly blessing;  
through Jesus Christ our Lord,  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

*A//* **Amen.**

## THE LORD'S PRAYER

Let us pray with confidence as our Saviour has taught us:

*All* **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

## BREAKING OF THE BREAD

We break the bread of life, and that life is the light of the world.

*All* **God here among us,  
light in the midst of us, bring us to light and life.**

## AGNUS DEI

*All* **Jesus, Lamb of God Jesus, Lamb of God,  
you take away the sins of the world: have mercy on us.**

**Jesus, Lamb of God Jesus, Lamb of God,  
you take away the sins of the world: have mercy on us**

**Jesus, Lamb of God Jesus, Lamb of God,  
you take away the sins of the world:  
grant us your peace, grant us your peace.**

## INVITATION TO HOLY COMMUNION

God's holy gifts for God's holy people.

*All* **Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*We receive communion in a circle around the altar. All are very welcome. We remain in the circle until all have received though if standing is difficult please feel free to return to your seat.*

*If you would prefer a prayer of blessing, please keep your hands in front of you. During communion we sing the following:*

## COMMUNION HYMNS

***Broken for me, broken for you,  
the body of Jesus broken for you.***

1. **He offered His body, He poured out His soul,  
Jesus was broken that we might be whole:  
*Broken for me....***
2. **Come to My table and with Me dine,  
eat of My bread and drink of My wine:  
*Broken for me....***
3. **This is My body given for you,  
eat it remembering I died for you:  
*Broken for me...***
4. **This is My blood I shed for you,  
for your forgiveness, making you new:  
*Broken for me....***

*We hold a time of silent prayer.*

Merciful Father,  
who gave Jesus Christ to be for us the bread of life,  
that those who come to him should never hunger:  
draw us to the Lord in faith and love,  
that we may eat and drink with him  
at his table in the kingdom,  
where he is alive and reigns, now and for ever.

*All* **Amen.**

*All* Almighty God,  
**we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

## NOTICES

*After we have heard from our children we say:*

Almighty God,

*All* **We give you thanks and praise for our life together.  
Fill us all Good Lord, with your Spirit of Love  
and as you have fed us with the bread of heaven,  
so make us one in hearts and mind, in Jesus Christ our lord. Amen.**

#### FINAL HYMN

- 1. Fill thou my life, O Lord my God,  
in every part with praise,  
that my whole being may proclaim  
thy being and thy ways.**
- 2. Not for the lip of praise alone,  
nor e'en the praising heart  
I ask, but for a life made up  
of praise in every part!**
- 3. Praise in the common things of life,  
its goings out and in;  
praise in each duty and deed,  
however small and mean.**
- 4. Fill every part of me with praise;  
let all my being speak  
of thee and of thy love, O Lord,  
poor though I be, and weak.**
- 5. So shalt thou, Lord, from me, e'en me,  
receive the glory due;  
and so shall I begin on earth  
the song forever new.**
- 6. So shall no part of day or night  
from sacredness be free;  
but all my life, in every step  
be fellowship with thee.**

#### THE DISMISSAL

#### THE BLESSING

The peace of God which passes all understanding,  
keep your hearts and minds in the knowledge and love of God  
and of his Son, Jesus Christ our Lord;  
and the blessing of God almighty,  
✠ the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

Go in peace. Proclaim the Word made flesh.  
**All In the name of Christ. Amen.**

*Voluntary: Chorale Preludes "Richmond":*

Please do stay for refreshments after the service.

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## NOTICES

### **James' Parish Days**

This week will be Tuesday and Wednesday.

### **Date for the diary – Café Church, Wednesday 19<sup>th</sup> February, 4pm**

We are very excited about launching this new form of worship. Called '**Connecting Up,**' this is an informal worship for all ages taking place around tables and involving Food (never a bad thing!) It is particularly appropriate for those for who may find traditional worship somewhat disorientating. Open to all, we are hoping to welcome families from the school and will be serving pizza on arrival. Do consider joining us at it and please pray for it. ***If you might be interested in helping, particularly with regards to serving food and refreshments, then please have a word with one of the ministry team.***

### **Muriel**

Our longest standing Church member, Muriel, is now living in a retirement home Closer to her family in Norfolk. Muriel has been a much loved member of our church for many years and it's important that we have the chance to say farewell to her. One of the ideas we have had is for a photo of the church community and individual photos of church members which can be given in a memory book. Judith has written a letter to church: do take a copy on your way out this morning.

### **Pewsheets online**

As part of our efforts to become a greener church, we are encouraging anyone who would like to download the pewsheets/liturgy ahead of time for use on a tablet/iPad in church. It will be available for download by Saturday on the church home page under the listing for the forthcoming Sunday.

### **Palm Crosses**

Lent will soon be upon us. In preparation for this, we will be burning palm crosses to be used in the ashes for Ash Wednesday. From next week, there will be a bowl at the back of church to leave any you'd like used.

### **Thanks**

A huge thank you to everyone who helped with last week's Parish Lunch. A special thanks to Stan and Jacquie for organising and leading.

## Finance Matters

Our 2019 church accounts need to be examined independently and signed off (this means PCC members are excluded). This is not an audit and no qualifications are required, but you need to have some familiarity with accounts, analytic skill and be numerate! Would you volunteer for this job and save the church unnecessary costs? The treasurer, Peter Artis, can give you details.

## Mothers' Union

Resumes next Wednesday 12th February at 2.30pm, upstairs in room 1. The speaker, for the last time, due to Bishop Tony's retirement, is his wife, Lucille Porter.

Her subject is the M U theme for the year 'Building Hope and Confidence'. Everyone is welcome.

## Board Games

On Sunday 16th Feb Sherwood Methodist Church will be hosting a Board Games event from 3.30pm - 5.30pm. The aim is simple...just bring along a board game that you love and teach others how to play. Or come and learn how to play a new game yourself. Competition and cooperation in action together. All welcome!

## Services & events this week

<b>Tuesday 11<sup>th</sup> February</b> <b>9am</b> <b>12pm</b>	Morning Prayer Midday Prayer
<b>Wednesday 12<sup>th</sup> February</b> <b>9am</b> <b>10am</b>  <b>12-2pm</b>	Morning Prayer Holy Communion <i>followed by refreshments</i> Carrington Community Café
<b>Thursday 13<sup>th</sup> February</b> <b>9.30am-11am</b> <b>7pm-8.30pm</b>	Toddlers Start Course at the Vicarage
<b>Saturday 15<sup>th</sup> February</b> <b>9am</b>	Morning Prayer
<b>Sunday 16<sup>th</sup> February</b> <b>10am</b>	Parish Eucharist

## **Church Contacts**

<b>MINISTRY TEAM</b>  <b>Vicar</b>   <b>Minister</b>	The Revd. James Pacey 0115 779 9468 revjamespacey@gmail.com <i>(working days, Tuesday, Wednesday, Saturday and Sunday  – this may need to be changed on occasion)</i> Susi Artis 0115 910 3003 / 07903 115327 se.artis@ntlworld.com
<b>Parish Assistant</b>	Rachael Pacey 07729 682294 stjohnscarringtonchurch@gmail.com
<b>Churchwardens</b>	Susi Artis 0115 910 3003 07903 115327 se.artis@ntlworld.com Philip Glanfield 0115 9626826 07921 589 621 philip.glanfield@me.com
<b>Deputy Churchwardens</b>	Cynthia Hoggett, Carol Lewis, John Glover, Ray Hotson
<b>Organist:</b>	Shaun Hooper
<b>Safeguarding Officer</b>	Jane Harwood safeguardingstjohnscarrington@gmail.com
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